



Training Schedules

- Boys:

- 2010 Boys: 6:00PM-7:30PM- M/W- F1
- 2009 Boys: 6:00PM-7:30PM- M/R-F1
- 2008 Boys: 6:30PM-8:00PM- T/R- F1
- 2007 Boys: 6:30PM-8:00PM- T/R- F6
- 2006 Boys: 6:00PM-7:45PM- T/R- F2
- 2005 Boys: 6:30PM-8:00PM- M/W- F2
- 2004 Boys: 6:00PM-7:45PM- M/W- F2
- 2003 Boys: 6:00PM-7:45PM- M/R- F1
- 2001 Boys B: 5:00PM-6:30PM- M/W- F2

- Girls

- 2010 Girls: 6:00PM-7:30PM- T/R-F1
 - 2009 Girls: 6:00PM-7:30PM- T/R-F1
 - 2008 Girls: 6:00PM-7:30PM- M/W-F1
 - 2005 Girls: 6:00PM-7:45PM- T/R- F2
 - 2002 Girls: 6:00PM-7:45PM- T/R- F1
- 2002 Girls/2003 Boys Combined Session is at Baars on Thursdays
 - HS Training Program 6:30-8
 - Field 6- Mondays
 - Field 1- Wednesdays