

Parents and Players,

PBFC's priority is our players, parents, staff, and families' health and safety. We would like to clarify requirements on what to do related to COVID.

Situations that count as close contact with someone who has tested positive for COVID:

- You were within 6 feet of the person for at least 15 minutes.
- You provided care at home to the person.
- You had direct physical contact with the person.
- You shared eating or drinking utensils.
- They sneezed, coughed, or somehow got respiratory droplets on you.

What to do if you tested positive for COVID-19:

- Notify our Recreation Program Manager at tina.wood.rec@gmail.com
 - To respect our families' privacy, we will not release individuals' name(s).
- You can return to the fields after you have been cleared by your doctor to return to school/play.

What to do if someone you live with has tested positive for COVID:

• You may not return to the fields until the household member has been cleared and the player has either tested negative or has quarantined for the recommended time per their physician.

What to do if you came in close contact with someone who has tested positive for COVID:

• You may not return to the fields for at least 5 days, tested negative, AND be symptom-free (if you test positive, please follow the above guidelines)

What to do if you came in close contact with someone who might have COVID:

- You may not come to the fields until that person has tested negative. (if they test positive, please follow the above guidelines)
- If you have been told by school or work to quarantine due to possible exposure please follow the process above.

Please remember at any time, if your player has a fever or is contagious, keep them home.