

Recreational Policy On Rush Training Players

- Rush training players aged U8 through U15 will not be eligible to play in the recreational league games.
- Rush training players and Rush rostered players in the U19 ages will be eligible to play recreational soccer. These players will register with the recreational program and will be eligible to play in all U19 recreational games.
- Rush training players aged U8 through U10 will be eligible to participate in combined Recreational & Rush player development sessions / games:
 - Rush training players do not need to register with the recreational program.
 - Boy and girl players will remain separate as they are now. This will not be co-ed.
 - Development sessions will be scheduled in advance and will occur during the week with Mondays/Wednesdays being the target days.
 - The Rush coach will lead a 20-minute skills development session with the assistance of the Recreational coach.
 - After the initial 20-minute session, the Recreational players and the Rush players will be mixed up into teams to scrimmage so that each team is comprised of both Recreational and Rush players. Format will be 4v4 / 5v5.
 - Players will wear pennies to designate which team they are on.
 - The Recreational coach will coach one team and the Rush coach will coach one team.
 - There will be no referees. Both coaches will be on the field providing player instruction as needed to promote positive development of all the players.
 - The scrimmage will be two 20-minute halves.
 - The goal is to provide 4-5 player development sessions per season.